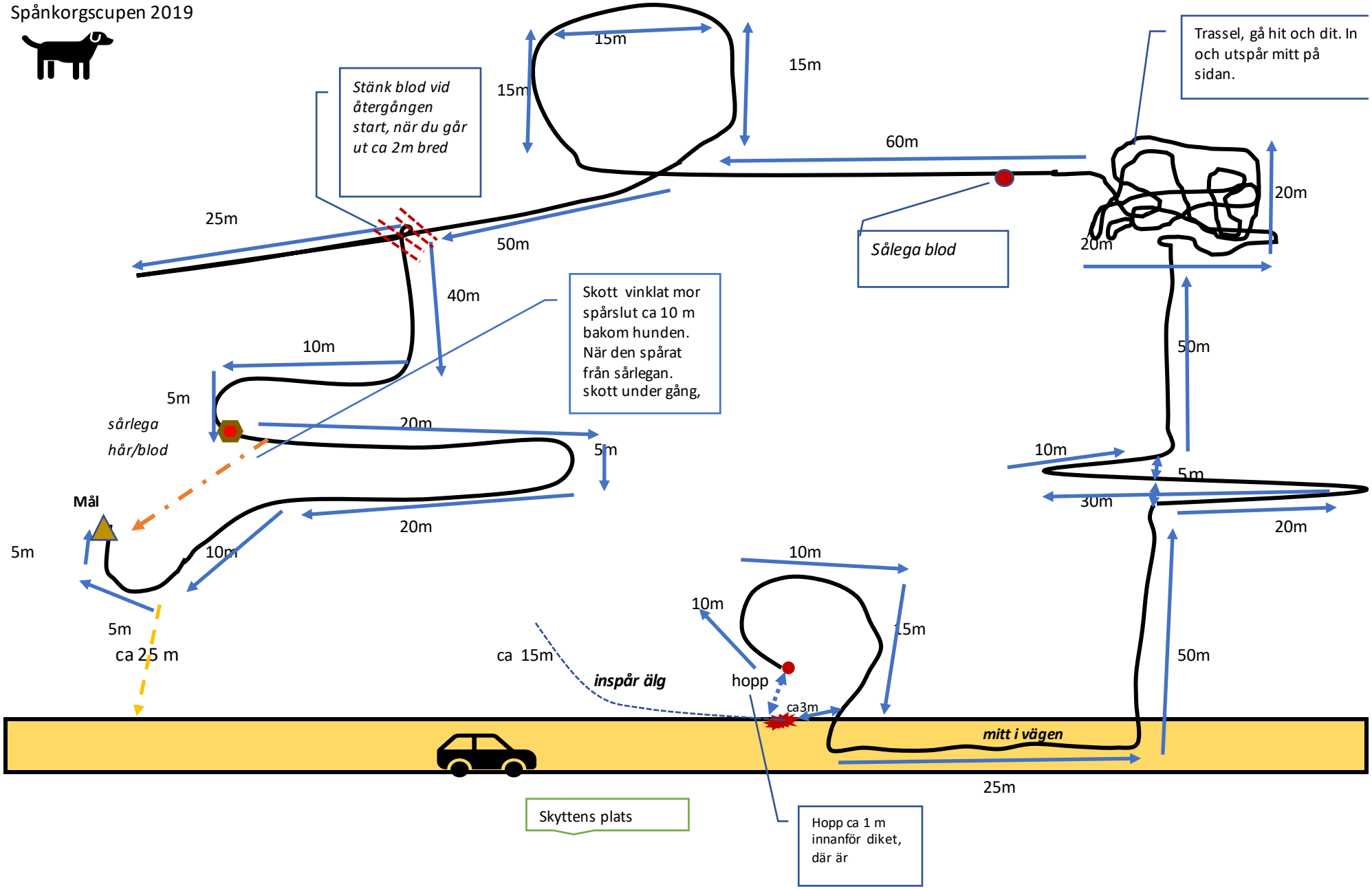Spånkorgscupen 2019